

4. What we DO NOT Fund

- General Classes to mixed income groups.
- Projects outside of North America.
- Projects conducted by a non-accredited Satyananda Yoga teacher.
- Teaching mixed styles of yoga. Must be exclusively Satyananda Yoga.
- Compensation for teaching (this is seva).

5. What we need

a. Pre-funding:

Details of program - objectives, duration, location, etc (see guidelines – Appendix A)

b. Post funding documentation for accountability to donors:

Proof that Satyananda Yoga was taught. (Copies of handouts, class plans, photographs, recordings.)

Feedback Teacher's experience during the program, host feedback, and/or participant feedback including any particular benefits/changes experienced.

Research Data if any.

Use of Funds There must be proof of use of funds (receipts, supply of handouts, photographs).

Evidence that NAG's contribution, support and role have been communicated to the organizers and participants (eg: banner, NAG logo on handout etc.)

6. How to Apply

a. **Formal proposal** – please see Appendix A

b. **When & Where to Apply**

Please apply to: North American Gurukul Inc.
 Attn: Seva Funding
 2319 Lee Road | Cleveland Heights, OH 44118

Email: info@northamericangurukul.org

The NAG board will send you an acknowledgment that your application was received. Please allow up to eight weeks for NAG to reply.

If NAG decides that your project might qualify for funding, we will contact you to discuss the next steps and whether any further information is required.

- c. **Legal Disclaimer:** Participants of projects will be required to sign a Liability Waiver as follows:

Waiver of Liability:

I understand that there are serious inherent risks with all physical activity, and that when doing yoga or engaging in any similarly strenuous pursuit, I may suffer minor or serious injury. I understand these risks, and assume responsibility for my own health, releasing the North American Gurukul and their staff and volunteers from any liability. I further understand that I will be required to fill out a health questionnaire and disclose forms of treatment I am currently undergoing.

Appendix A

Application letter to include:

A. PERSONAL DETAILS

Teacher's Name
Address
Contact
Email
Website
Teacher's Qualification Level

B. TEACHING BACKGROUND & QUALIFICATIONS

Yoga background
Employment background
Copy of Accreditation certificate
Copies of CPR certificate
Copy of insurance coverage

C. PROGRAM DETAILS

Name of proposed project
Brief description of nature of project
Target audience
Geographic location
Time period
Availability of other resources to ensure that the project is sustained

D. REASON FOR APPLICATION

Why the program should be funded/how will it help
How does the work relate to the teacher
How will the project further NAG's objectives
What results are expected by the teacher
Amount requested

E. FEEDBACK MECHANISM

What feedback can NAG expect & how will this be obtained

- General participant feedback
- Research data
- Evaluation of project results by other methods

F. SUPPORTING DOCUMENTS

Letter of support from hosting organization
2 Referral/recommendation letters